





**Diabetes Awareness Event** 

Healthwatch Central Bedfordshire is working together with the National Institute for Health and Care Research (NIHR) and Bedfordshire, Luton and Milton Keynes Integrated Care System (BLMK ICS), to engage with local communities about the importance of diabetes research.

If you, or someone you know has diabetes, come along on:

## Thursday 15th August 2024

The Rufus Centre Steppingley Road, Flitwick, MK45 1AH

9.30am - 1.30pm

Join us at our Diabetes Awareness event to learn more about the care and support services available to you, to help manage your condition, including preventative measures, and speak directly to diabetes experts.

Click on the QR code to book your **FREE** place

For more information contact us on: 0300 303 8554 or info@healthwatch-centralbedfordshire.org.uk