

Dr JL Henderson & Partners
The Surgery
29 Bassett Road
Leighton Buzzard
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### **Welcome to Bassett Road Surgery**

As a patient at Bassett Road Surgery, we hope you will feel valued, cared for and listened to. We will provide you and your family with the highest possible standard of medical care and include you in decision—making about your health.

If you are a new patient joining us, we will ask you to call into the surgery to complete a brief registration form. As well as welcoming you to the practice, we will ask you to fill in a health questionnaire so that we have some basic information on file for you until your full medical records are received. If you take regular medications, we will also ask you to come in for a brief consultation with one of the doctors so we can ensure a smooth transition of care.

The Surgery is open at the following times:

Monday 8.00am until 6.30pm

Tuesday 8.00am until 6.30pm

Wednesday 7.00am until 8.00pm

Thursday 8.00am until 6.30pm

Friday 8.00am until 6.30pm

Saturday 9.00am until 10.30am on the second Saturday of

each month, by appointment only.

All patient areas are accessible by wheelchair both from the road and car park entrances. If, however, you have any particular needs, please do let us know.

#### **Our Practice Team**

Our practice team is professional, caring and approachable. Within the practice, our Doctors, Matrons, Pharmacist, Nurses, Health Care Assistants, Phlebotomists, Dispensers, Receptionists and Administrative staff all work closely together to provide your care.

A Community Matron, Community Nurses, Midwives, Health Visitors, Social Workers, and Macmillan Nurses also help us to ensure a holistic and coordinated approach to healthcare. In addition, we support a variety of visiting services which currently include MSK, Addiction, Counselling, a Mental Health Link-worker, and Aortic Aneurysm Screening.

### **Our Management Team**

Mrs Chrystel Dooley Practice Manager

Mrs Angie Sellar Deputy Practice Manager

## **Our Patient Participation Group (PPG)**

We have a team of patients who work alongside the practice to help us improve the services we offer. If you are interested in becoming a working member of the Bassett Road PPG, or wish to help in any way please either email <a href="mailto:bassettroadppg@gmail.com">bassettroadppg@gmail.com</a> or contact the surgery for details.

#### **Our Doctors**

#### **GP Partners:**

Dr John Henderson MB BS MSc MFPHM MRCGP (1984

London)

Dr Mary Horkan MB BS BSc DRCOG DFFP MRCGP

(1994 London)

Dr Nasir Jamal MB BS MD DFFP (1982 Aligarh Muslim)

Dr Christopher Longstaff MA (Cantab) MB BChir MRCGP

PGCMDE (2008 Cambridge)

Dr Laura Lewis MBChB DRCOG MRCGP (2009)

Birmingham)

Dr Elinor Mathieson MB BS MSc Epid BSc (London)

Dr Claire Evans BM MRCGP DCH DFSRH (Cardiff)

Dr Bhavya Sharma MBBS MD MRCGP

#### Salaried GPs:

Dr Suzie Gill MB BS BSc MRCGP (1996 London)

Dr Silvana Grama MD

Some of our doctors have a variety of specialist interests and skills.

Dermatology (skin problems)

Minor Surgery

Diabetes

Gynaecology & Women's Health
Ophthalmology (eye conditions)

Dr Henderson
Dr Horkan
Dr Evans
Dr Jamal

Addiction Dr Longstaff

Homeless Healthcare Palliative Care

Drs Longstaff & Mathieson Dr Lewis

## **Our Nursing Department**

### **Practice Matrons):**

Our Practice Matrons, are highly experienced and help our GPs to see patients who request same-day appointments and home visits.

Mrs Sara Drummond Practice Matron

Mrs Allie Jackson Practice Matron

Mrs Penny Kestel Practice Matron

Mrs Mariam Allen Practice Matron

Mrs Sarah Blanchard Practice Matron & Tmt Room Lead

### **Specialist Nurses & Clinical Pharmacists:**

Some of our ANPs (Allie, Mariam & Penny) have undergone additional training in Asthma and COPD and our specialist Diabetic Nurse is skilled in the management of patients with diabetes. Our Clinical Pharmacists have expertise in the management of patients with respiratory conditions, as well as those on multiple medications.

Mrs Heather Taylor-Allkins Diabetic Specialist Nurse

Ms Clara Alonso Malpartida Clinical Pharmacist & Respiratory

**Specialist** 

Ms Jay Desai Clinical Pharmacist

#### **Practice Nurses:**

Mrs Lesley Avery Practice Nurse

Ms Charlie Rooney Practice Nurse

Mrs Helen Spence Practice Nurse Trainee

#### **Healthcare Assistants & Phlebotomists:**

Mrs Karen Puddifoot Health Care Assistant

Mrs Sam Greany Health Care Assistant

Mrs Mandy Gurney Health Care Assistant

Mrs Karen Dignum Phlebotomist

### **Appointments**

We offer three types of appointment with our clinicians.

# **Pre-Bookable Appointments**

We recognise the value of continuity of care and the importance of seeing a doctor who knows you. You can book to see a specific GP in a pre-bookable appointment. The wait for this appointment will depend on the GP you choose. All pre-bookable appointments can be booked online (please ask one of our reception staff for details).

### **Same-Day Appointments**

Same-day appointments allow you to consult with a Doctor,

Prescribing Nurse, Pharmacist or Physio at short notice. Depending on demand, these appointments are often limited to emergencies and the short notice nature of these appointments means that it is not possible to choose the clinician seen. Please contact the practice if you need a same-day appointment.

## **Remote Appointments**

Many problems can be dealt with over the 'phone and you can book a telephone appointment for a Doctor, Matron or Pharmacist to call you back. Due to the high demand for telephone appointments, it is difficult to give you more than an estimate of the time that we will return your call. Please do make sure that you are able to answer a call if you request one. Please contact the practice if you need a telephone appointment. If you are unable to keep an appointment, please do let us know; it can be used by someone else.

Other problems can be resolved online using our online consultation service via our website. Use of this service requires completion of an online pathway which is passed to the duty team with a response in 2 working days.

## **Leighton-Linslade Health Connections**

Also known as Leighton Buzzard PCN, our PCN colleagues are based at Bassett Road Clinic (No. 25 Bassett Rd). They also form part of our duty team throughout the week here, at the surgery. They offer various support roles to patients of all 3 LB practices, including blood tests, ECGs, health checks, pharmacy and minor illness support closely with us and have local links with community and voluntary groups. Please see further information at our website under the Heading 'Leighton-Linslade Health Connections'.

#### **Home Visits**

If you need medical help but are too unwell to come to the surgery, please let us know before 10.00am. It is very helpful if you can give the receptionists a brief indication of your problem so that doctors and practice matrons can attend to the most urgent problems first.

We are grateful to patients if they can manage to get to the surgery as we can provide a higher standard of care with the facilities available to us on site.

#### **NHS 111 Service**

This is a service that has been introduced to make it easier for patients to access local NHS services in England. You can call 111 when you need medical help fast, but it is not a 999 emergency.

NHS 111 is available 24 hours a day, 365 days a year. Calls are free from both landlines and mobile phones. Further information is available at: <a href="https://www.nhs.uk">www.nhs.uk</a>

## **Out of Hours Emergencies**

If you need medical care outside of our working hours, you can contact Bedfordshire's Out of Hours GP Service by calling our main surgery number.

Out-of-Hours medical care is the responsibility of Bedfordshire Luton & Milton Keynes Integrated Care Board (BLMK ICB). If you have any comments/complaints about the service, we will be happy to help you contact them (please ask for a leaflet at reception).

### **Repeat Prescriptions**

To request a Repeat Prescription, simply indicate the items you require on the tear-off slip of your computerised prescription. This may be left in the prescriptions letterbox in our lobby or posted to us with a stampaddressed envelope if you wish us to post your script back to you. You may also request repeat prescriptions via our surgery website. Please ask at reception for a Username and Password to get started. We do not take requests for prescriptions over the telephone as this carries a higher risk of prescribing errors.

Doctors are required to review repeat prescriptions regularly and dispensary staff will indicate to you when such a review is due. If your repeat prescriptions do not appear when making an online request, this can also indicate that a review is required. Please ask our dispensary staff for assistance if this happens.

We try to process requests as promptly as possible but ask that you give 3 clear working days' notice to allow this. (Bank Holidays, Saturdays & Sundays do not count as working days.)

## **Dispensing**

Most patients will need to collect medication from a pharmacy. However, we can dispense to a small proportion of patients. This is regulated by the NHS and beyond our control. It applies to patients who live more than 1.6km away from a pharmacy or would have particular difficulty accessing one.

### **Medication Wastage**

GPs in Bedfordshire are only allowed to issue 28 days of medication at a time both to avoid wastage and to improve patient safety.

## **Education & Training in the Practice**

We are involved in the training of doctors at both postgraduate and undergraduate level. We work with Milton Keynes GP Training Scheme, Buckinghamshire GP Training Scheme, Imperial Medical School and the University of Buckingham Medical School.

GP Registrars on placement at the surgery are doctors who have already spent at least two years working in hospital since qualifying. These doctors spend six months to a year with us before continuing their training elsewhere.

Occasionally, doctors may ask to video a consultation for educational purposes. The receptionist will ask you beforehand and, if you agree, you will be asked to sign a consent form. You can decline to have the appointment recorded at any stage and this will have no bearing at all on the treatment you receive.

We also regularly undertake joint surgeries with two doctors present to allow learning within the team. Again, the receptionist will check with you beforehand to make sure you are happy with two doctors being present for your consultation.

Your consent to the participation of a medical student in your consultation will always be sought in advance. If you prefer not to have students present, this will always be respected.

### **Laboratory Tests & X-Rays**

All samples for laboratory testing are collected by 1.00pm and delivered to Stoke Mandeville Hospital for analysis. Unless your doctor suggests otherwise, we will contact you if anything is amiss but, if you are anxious about your results, please bear in mind it takes up to a week for blood tests to come back, 2 weeks for x-rays and 4 weeks for cervical smear results.

As far as possible, we would be grateful if you call between 1.30pm and 4.00pm for the results of any tests as the telephones are often quieter at this time.

If your result is completely normal, the receptionist will be able to advise you of this. Under any other circumstances, it may be more appropriate for the doctor to call you or see you, which the reception team can arrange for you. Please try not to worry; this does not necessarily mean that there is anything seriously wrong.

#### **Child Health & Immunisations**

In line with Department of Health guidelines, we actively encourage full immunisation of all our pre-school children.

### **Family Planning**

Advice on all forms of contraception is available at the surgery. We offer implant fitting/removal amongst other options. If you need contraceptive advice about coils or implants, please book with Dr Evans or Dr Lucy. Your confidentiality will be respected at all times.

#### **Travel Health**

Advice on vaccinations and other precautions prior to travel is available from our Nursing Staff. Please ensure you book an appointment with them a minimum of 4-6 weeks before you are due to travel to ensure that you have full cover. There is a charge for some non-NHS vaccinations.

#### **Carers**

If you are the principal carer of a relative, neighbour or friend, and have any particular concerns or needs, please ask and we will do our best to help. It would be helpful if you could let us know if you are a carer so we can ensure your records are up to date and make sure we offer you appropriate services, e.g. an annual flu jab.

#### **Access to Medical Records**

You have a right under the Data Protection Act, 1998, to see what information is held about you as a patient, whether on computer or on paper, subject to certain legal limitations. If you would like to see your records, please ask your doctor how to arrange this. You should be aware that there is a nationally agreed charge to cover the administrative costs of providing access to this information, under the Act.

## **Complaints**

Most problems can be sorted out quickly and easily, often at the time they arise with the person concerned, and this may be the approach you try first.

Where you wish to make a formal complaint, we ask that you do so preferably in writing and as soon as possible after the event, as this helps us to establish what happened more easily.

Further details about our complaint's procedure are available in the Complaints Leaflet available at reception and on our website.

#### **ICB Address & Contact Details**

Each GP surgery is contracted to provide services with an Integrated Care Board (ICB). Our surgery is covered by the Bedfordshire Luton and Milton Keynes Integrated Care Board (ICB), formerly the BLMK CCG.

They can be contacted at: 3<sup>rd</sup> Floor, Arndale House, The Mall, Luton, MK3 6RT. Tel: 0800 148 8890. The ICB website is: <a href="https://www.bedfordshirelutonandmiltonkeynes.icb.nhs.uk">www.bedfordshirelutonandmiltonkeynes.icb.nhs.uk</a> and the team can be reached by email: <a href="mailto:blmkicb.contactus@nhs.net">blmkicb.contactus@nhs.net</a>

### **Rights & Responsibilities of Patients**

As a patient, you can expect:

- to be treated with courtesy and with respect for your privacy and dignity;
- to receive treatment on the basis of your clinical need;
- to choose to have a relative or friend with you during consultations and examinations;
- staff to understand that you might be feeling anxious and vulnerable and that this may affect the way you behave;
- to be informed on arrival for an appointment if delays are occurring and to receive an explanation why;
- to take part in decisions about your treatment and have the pros and cons of treatment, including any risks, side-effects and alternative methods of treatment, fully explained;
- to receive an explanation and, where appropriate, an apology if things go wrong, and to be able to complain if you are unhappy with the treatment you receive.

As a patient, you have a responsibility:

 to treat the staff who care for you with courtesy and respect at all times and extend this courtesy and respect to your fellow patients;

- to give reasonable notice if you are unable to attend an appointment;
- to inform the surgery of any change in contact address or telephone number;
- to understand that there are pressures and limitations on health service resources and on those working within the service;
- to let staff know if you have any allergies or sensitivities to medication, or have any change in your health that could affect the treatment you receive.

#### **Practice Area**

		ttle khill	
		Great Brickhill	
Stoke	Hammond		
	Soulbury	Heath & Reach	
St	ewkley		Hockliffe
	Wing	Leighton Buzzard	Eggington
Cublington		Stanbridge	
		Billington	Tilsworth
	Slapton		Eaton Bray
		Edlesborough	
	Cheddington		

# **Useful Telephone Numbers**

Surgery Appointments	01525 378 387
Enquiries, Out of Hours	01525 373 111
Stoke Mandeville Hospital	01296 315 000
Milton Keynes Hospital	01908 660 033
Luton & Dunstable Hospital	01582 491 166
Citizen Advice Bureau (Leighton Linslade)	01525 373 878
Bassett Road Clinic	01525 751 100
NHS 111	111
Care UK, Out of Hours Service	01582 545 619
Samaritans	08457 909 090
Social Services - Beds 65+ Team	0300 300 8033
Social Services - Beds Children & Adults	0300 300 8585
Social Services - Bucks Adults	01296 383 204
Social Services - Bucks Children	08454 600 001
South Beds District Council Housing Office	0300 300 8007

For other useful contacts, please see our website under 'Practice Information'.